



## UK Winter Mountain Walking – Women’s

There is no doubt about it, walking is good for you – be it for fitness, weight loss, training or pleasure, walking can promote feelings of happiness and well being. Our women’s walking kit list is designed to offer you comfortable, versatile 3-layering systems which can be adjusted depending on the conditions.

Designed with women in mind our products are made to comfortably fit a woman’s frame. The base layer in our 3-layer system is worn to keep you fresh and comfortable, effectively wicking sweat away from the skin. The mid layer is designed to trap maximum body heat and the outer layer combines total protection, comfort, and style. On cold days the 3 layer system can be used for maximum warmth and comfort and on warmer days the outer layer can be removed to provide an effective, breathable 2 layer system.

Whatever combination you use you will be ready to tackle anything with these key products.

### Kit list

- W Paldor Peak
- W Activity Jacket IA
- W Technical LS Zip
- Ortler Pant
- W Storm Overtrousers
- W GR20 GTX™
- W Arete 35

### Base layer

#### Top

*Ideal Gear: W Technical LS Zip*

Stay warm in the cold with this close fitting Women's Technical Long Sleeve Zip Neck Tee. Ideal for use as a baselayer when an effective layering system is required or perfect for use on its own in warmer climates. This versatility and optimal wicking performance makes this technical top suitable for multi season use.



## Mid Layer

### Top

*Ideal Gear: W Activity Jacket*

Enjoy the great outdoors responsibly and trek with a lighter environmental footprint in this Women's Activity Interactive Fleece Jacket. This fleece is made using recycled yarns which don't compromise on performance or durability. Both warm and snug, it offers great versatility and can be worn on its own or zipped into any InterActive shell.

### Pants

*Ideal Gear: W Ortler Pant*

Trek and hike in comfort with unrestricted movement in these Women's Ortler Pants. A female friendly cut makes these the perfect three season walking pant. The reinforced fabric offers maximum protection from the cold and when the rain starts these pants will help keep you dry as they have a durable water repellent treatment.

## Outer Layer

### Jacket

*Ideal Gear: W Paldor Peak*

Weather and terrain need not be a barrier to your enjoyment of the great outdoors in this women's Paldor Peak GORE-TEX® Paclite jacket. Designed for the experienced year round mountaineer, this high performance jacket is constructed using GORE-TEX®. This lightweight and packable fabric provides durability, breathability and is both waterproof and windproof.

### Pants

*Ideal Gear: W Storm Overtrousers*

Head out into the great outdoors in comfort with the confidence to face any weather with these Storm GORE-TEX® Overtrousers. Come rain or shine, winter or summer, you can depend on the 3-Layer GORE-TEX® fabric to provide you with a lightweight, durable, and protective finish.



## Footwear

*Ideal Gear: W GR20 GTX™*

Take on winter conditions and trek across rough ground in comfort and confidence with the Women's GR20 Leather GORE-TEX® Walking Boot. Ideal for year round use; this 3 to 4 season trekking boot is well suited to winter hikes.

## Rucsac

*Ideal Gear: W Arete 35*

For climbing, mountaineering and alpinism, you need a pack you can rely on. This ever popular women's Arete 35 Daysac is versatile, lightweight, and perfect for all year round use. Carry-comfort, perfect fit, and ease-of-use are key factors when choosing a pack and the 35 Litre Arete's Fusion 2 Back System and feature laden construction have them covered.

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